



TIDES HOSPICE
Honoring Every Journey

Palliative Performance Scale (PPS)

The Palliative Performance Scale (PPS) is a tool used to assess the functional status and overall performance of patients who are receiving palliative care. It provides a standardized way to evaluate a patient's physical abilities and helps healthcare professionals determine appropriate care plans and interventions. The PPS is commonly used in hospice and palliative care settings.

%	Ambulation	Activity Level and Evidence of Disease	Self-Care	Intake	Level of Consciousness
100	Full	<ul style="list-style-type: none"> • Normal • No disease evident 	Full	Normal	Full
90	Full	<ul style="list-style-type: none"> • Normal • Some disease evident 	Full	Normal	Full
80	Full	<ul style="list-style-type: none"> • Normal with effort • Some disease evident 	Full	Normal or Reduced	Full
70	Reduced	<ul style="list-style-type: none"> • Unable to perform normal job/work • Some disease evident 	Full	As above	Full
60	Reduced	<ul style="list-style-type: none"> • Unable to perform any job/work • Significant disease 	Occasional assistance needed	As above	Full or confusion
50	Mainly Sit / Lie	<ul style="list-style-type: none"> • Unable to perform any job/work • Extensive disease 	Considerable assistance needed	As above	Full or confusion
40	Mainly in Bed	<ul style="list-style-type: none"> • As above 	Mainly assistance	As above	Full or drowsy or confusion
30	Bed Bound	<ul style="list-style-type: none"> • As above 	Total care	Reduced	As above
20	Bed Bound	<ul style="list-style-type: none"> • As above 	As above	Minimal	As above
10	Bed Bound	<ul style="list-style-type: none"> • As above 	As above	Mouth care only	Drowsy or coma
0	Death				